

2009



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The Fight or Flight Moment

Understanding Why We Leave or Stay in Industry

Sue Dorward
Sudo Coaching LLC

Survey of Three 2008 Studies

- The Athena Factor: Reversing the Brain Drain in Science, Engineering, and Technology [SET] (Harvard)
- Women in Technology: Maximizing Talent, Minimizing Barriers (Catalyst)
- Climbing the Technical Ladder: Obstacles and Solutions for Mid-Level Women in Technology (ABI/Stanford) [*supporting underwriter*]



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Sue Dorward

- Coach high-potential techies
- J&J, Google, Smith College/SWE
- private clients (mid-career women!)
- Speaker at Google, SWE, ...
- Articles for IEEE (WIE)
- NYU coaching certificate, ICF certified
- iVillage VP, CNET senior engineer, instructor
- MS CS Princeton (NSF), BA CS Smith College



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Why focus on retention?

- SET growth is 5x other sectors (2008)
- Demand outstripping supply, IT supply shrinking
- Fewer visas since 2001
- Emerging economies - 75% Chinese students go home vs 20% prior
- Baby boom retirements
- Highly trained, expensive to replace



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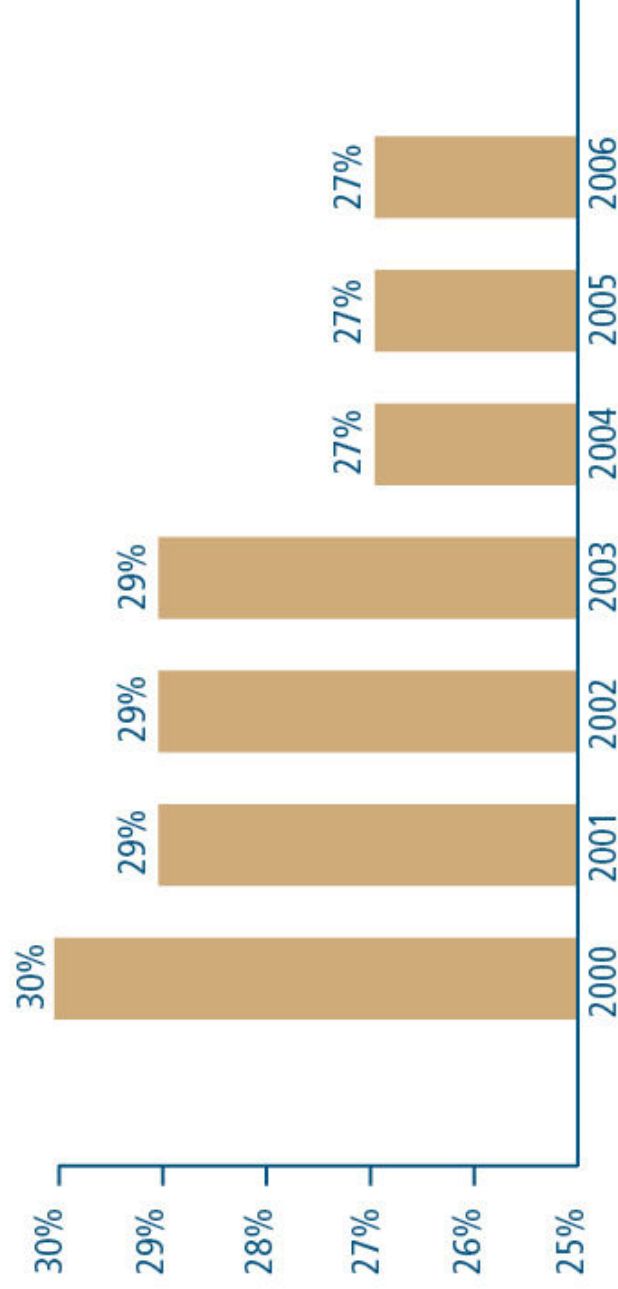


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Tech Women

Figure 1: Percentage of Computing and Mathematical Occupations Held by Women, 2000-2006¹⁵



US Bureau of Labor Statistics



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Harvard Study: Athena Factor

Sylvia Ann Hewlett, Carolyn Buck Luce, Lisa J. Servon, Laura Sherbin, Peggy Shiller, Eytan Sosnovich, Karen Sumberg, *The Athena Factor: Reversing the Brain Drain in Science, Engineering, and Technology*, Harvard Business Review Research Report, June 2008, 108 pages.

This research was done by the Hidden Brain Drain Task Force, under the aegis of the Center for Work-Life Policy, a nonprofit think tank.



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Methodology

- Four surveys of men and women
 - US online survey (2493)
 - company surveys at 3 global corporations in S,E,T
- Respondents age 25-60 who
 - have a SET degree or tech on-the-job training, and
 - hold or held an industry SET job using that training
- Focus groups and interviews



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Fight or Flight Moment

- Over time 52% of women leave industry SET jobs
 - High tech 17% men vs. 41% women leave (2.5 times!)
- % tech-trained women in tech industry jobs:
 - 53% (25-34) 50% (35-44) 31% (45-60)
- 50% go to non-industry SET jobs, 30% to non-SET industry jobs, 20% stay home



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Why the exodus?

Of those leaving:

- Extreme Job Pressure (39%) – hours, stress, health
- Culture not woman-friendly (38%)
- Compensation (27%)

SET Industry women:

- Feel career is stalled (46%) (mid-career)
- Lack career paths (47%), sponsors (84%), mentors (47%), role models (40%) (tech) - Lewinsky factor
- Feel isolated (38%) (tech)



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More subtle attrition factors

- Risk-aversion leads to fewer high-profile successes
- Less credit even if you take a risk, no 2nd chances (no sponsor)
- Sidetracked into helper roles
- Macho culture (Discrimination)
 - 66% mid / 64% tech “experienced sexual harassment”
 - 44% mid / 46% tech “perceive bias in performance evaluation”
 - 23% mid / 27% tech “believe women are seen as intrinsically less capable”



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What helps retain women?

- 10% female management tipping point
 - culture change from the top
 - less isolation
 - more role models
- Flexible workday and career track timing
- Career paths, mentors, and sponsors
- Opportunities for altruism (Athena factor)
- On-ramps (64% are interested)



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Catalyst Study: Women in Technology

Heather Foust-Cummings, Laura Sabattini, Nancy Carter,
Women in Technology: Maximizing Talent, Minimizing Barriers,
2008, 38 pages.

Lead Sponsor: IBM Corporation (*175% increase in women execs
in late '90s*)

Contributing Sponsors: Cisco Systems, Inc., Dell Inc.,
National Center for Women and Information Technology
(NCWIT)



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Background

- 3rd study in a series (2003, 2005), very focused
- Phase 1: Towers Perrin-ISR surveys of men and women in 23 tech organizations (2002-2005)
- Phase 2: Online survey of 471 women who either work at tech co. (80%) or are techies at non-tech co. (20%); 2/3 techies, 1/2 managers, 87% US (2007)



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Table 4: Individual Barriers to Career Advancement: Generational Cohorts

Barrier	Percentage of Women Responding That Barrier Affected Career Advancement to a Great or Very Great Extent		
	Boomers	Gen X	Gen Y
Not Having a Mentor, Sponsor, or Champion Who Makes My Accomplishments Known to Important People in the Company	45%	32%	18%
Lacking Role Models in the Company Who Are Similar to Me	43%	38%	31%
Being Excluded From the Important Networks of Key Decision-Makers	40%	32%	20%
Having a Limited Number of Important or Special Job Assignments That Are Highly Valued by Higher-Level Managers	26%	28%	27%
Not Understanding the "Unwritten Rules" or Norms of My Company or Department	25%	20%	16%
Not Fitting the Company Image of How a Leader Should Look and Behave	23%	18%	16%

More likely to report barriers if...

- Have MS or PhD
- Work for larger company
- Have fewer women in your working group

Barriers are the same for tech and non-tech women, at tech and non-tech companies.



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Gender-Based Differences

- Tech women gave lower ratings than tech men and non-techies on every measure of:
- supervisors and supervisory relationship
 - perceptions of fairness and voice

All other areas were similar, including “planning to leave” and “career development”.



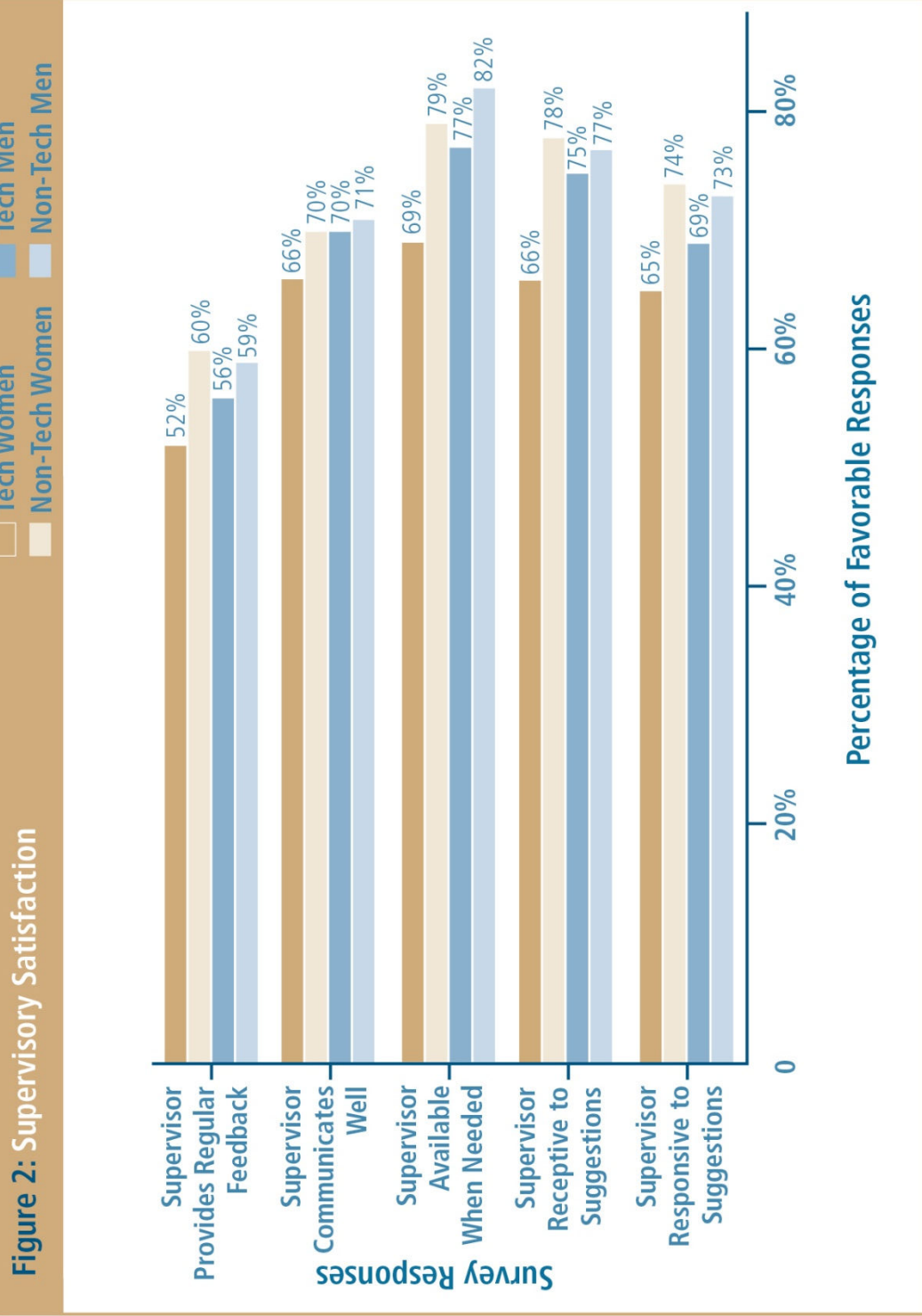
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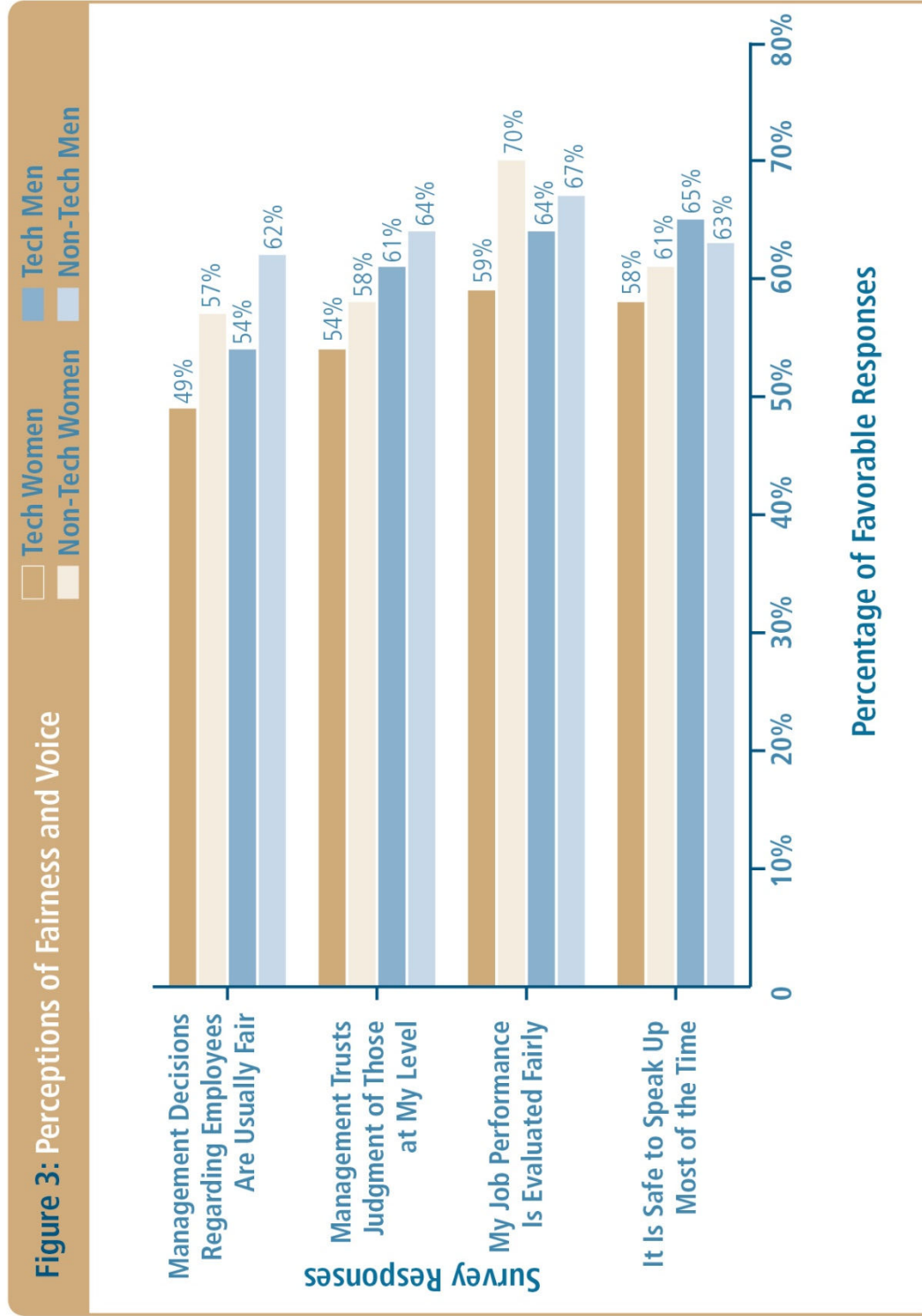
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Figure 3: Perceptions of Fairness and Voice



Percentage of Favorable Responses



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Climbing the Technical Ladder

Caroline Simard, Andrea Davies Henderson, Shannon Gilmartin, Londa Schiebinger, Telle Whitney, *Climbing the Technical Ladder: Obstacles and Solutions for Mid-level Women in Technology*, 2008, 81 pages.

Authors are from Anita Borg Institute for Women and Technology (ABI) and Michelle R. Clayman Institute for Gender Research at Stanford University



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Underwriters

- Research Underwriters - NSF, NCWIT, Career Action Center, ABI, Stanford
- Report underwriters
 - Contributing – Symantec, Stanford, ABI
 - Supporters – *Sudo Coaching LLC*, Alexander Atkins Design, Inc., Ventana Public Relations, Jody Mahoney



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Methodology

- Surveyed technical employees (men and women) of seven top-tier Silicon Valley software and hardware companies
- 14% response rate (1,795 of 12,805)
- One co. encouraged women to respond
- 112 follow-up interviews (men and women)



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Respondent Profile

- 34% women (vs 24% expected)
- 55% mid-level (~10-20 years exp.)
- Avg. man 2 years older, almost 4 years more tech expertise than avg. woman (attrition)
- 48% international (born outside US)
 - 41% int'l from India, 11% China
 - 59% int'l women from India, 18% China



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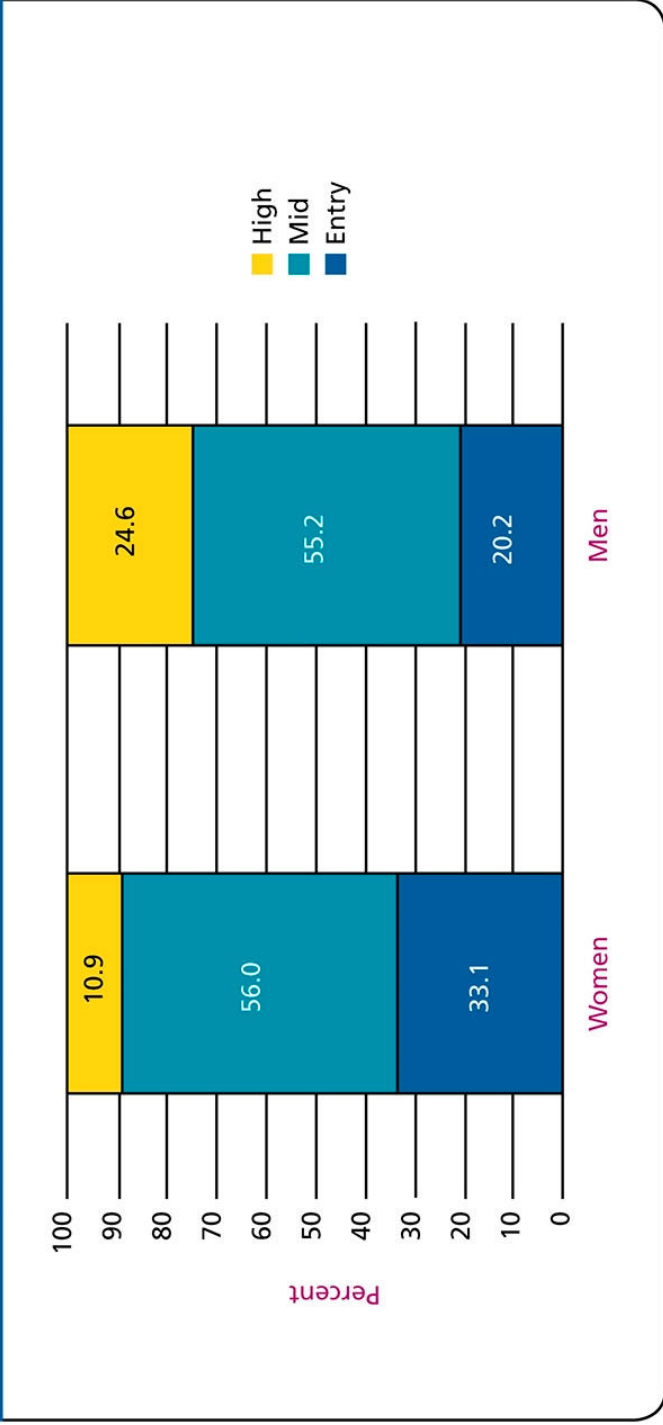
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“2.7x more likely to be in high-level position if male”

Chart 1e. The Technical Ladder: Distribution of Female and Male Respondents Across Rank Levels



At mid-level,
women are more likely than men to...

- be Asian (44 vs 37%)
- experience a competitive work environment (66 vs 47%) – difference only at mid-level (promotions)
- have partner working full-time (79% vs 38%)
- have techie partner (69% vs 32%)
- feel long hours needed to succeed (58 vs 47%)



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At mid-level,
women are less likely than men to...

- feel they work long hours (36 vs 41%)
- have a partner who does not work (9% vs 34%)
- have a partner primarily responsible for home and kids (13% vs 51%)
- have CS or engineering degree (62 vs 77%)
- learn tech skills on own time (62 vs 82%)



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High-level women are more likely than mid-level women to...

- have CS degree (42 vs 29%)
- have a techie partner (75 vs 69%)
- have partner responsible for home & kids (24 vs 13%)



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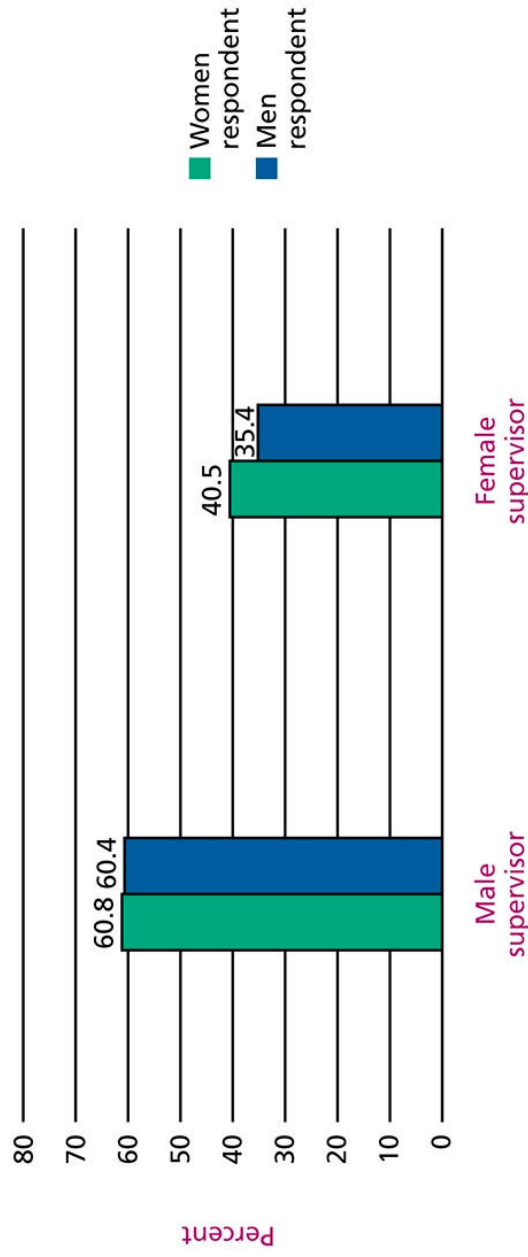
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50% difference in tech skills? (expect 26% based on degree)

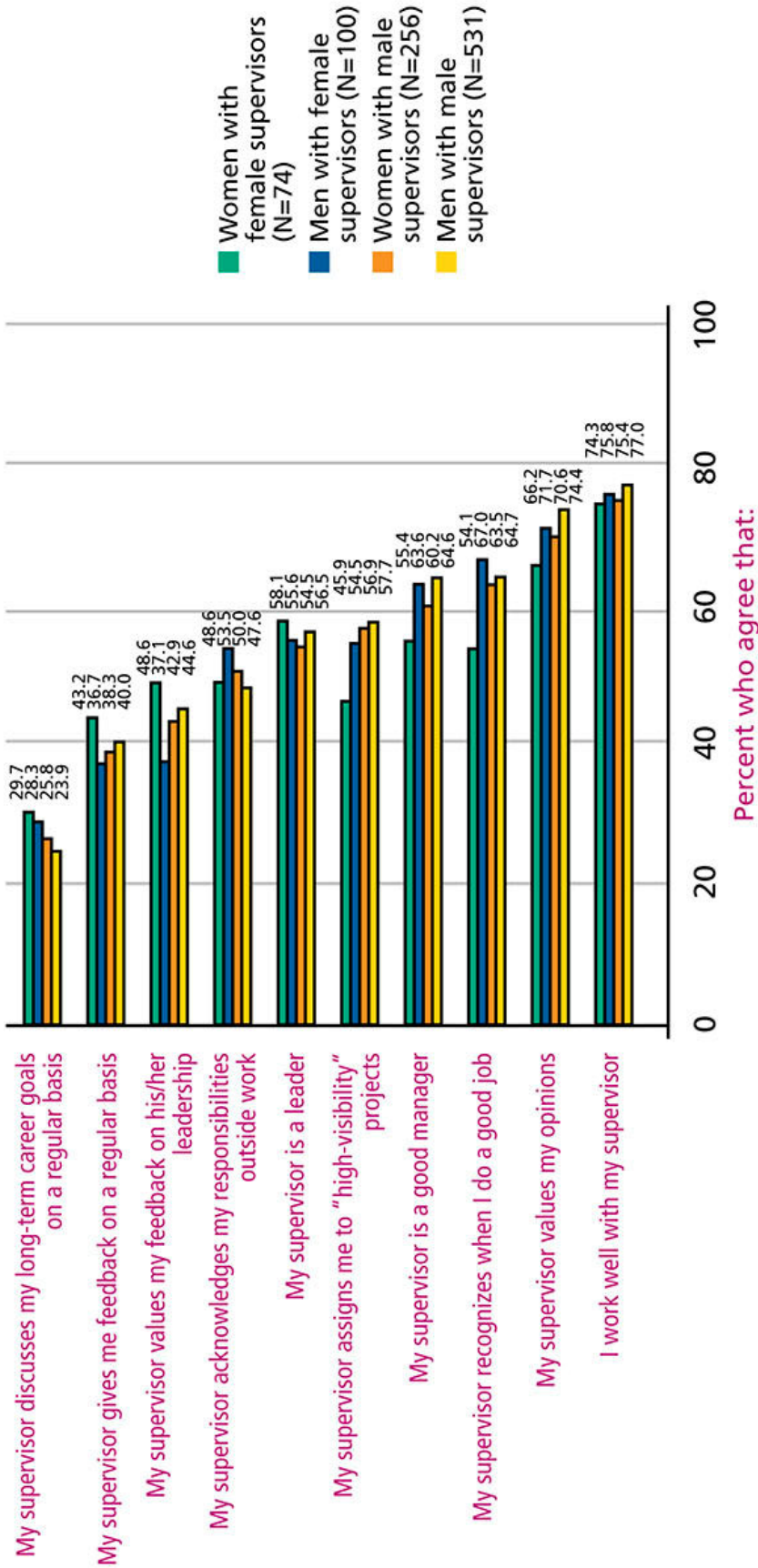
Chart 4e. Percentage of Mid-Level Technical Workers Who Agree that Their Supervisor Has Strong Technical Skills, by Gender of Respondent and Gender of Supervisor



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Chart 4d. Perceptions of Supervisors Among Mid-Level Technical Workers, by Gender of Respondent and Gender of Supervisor



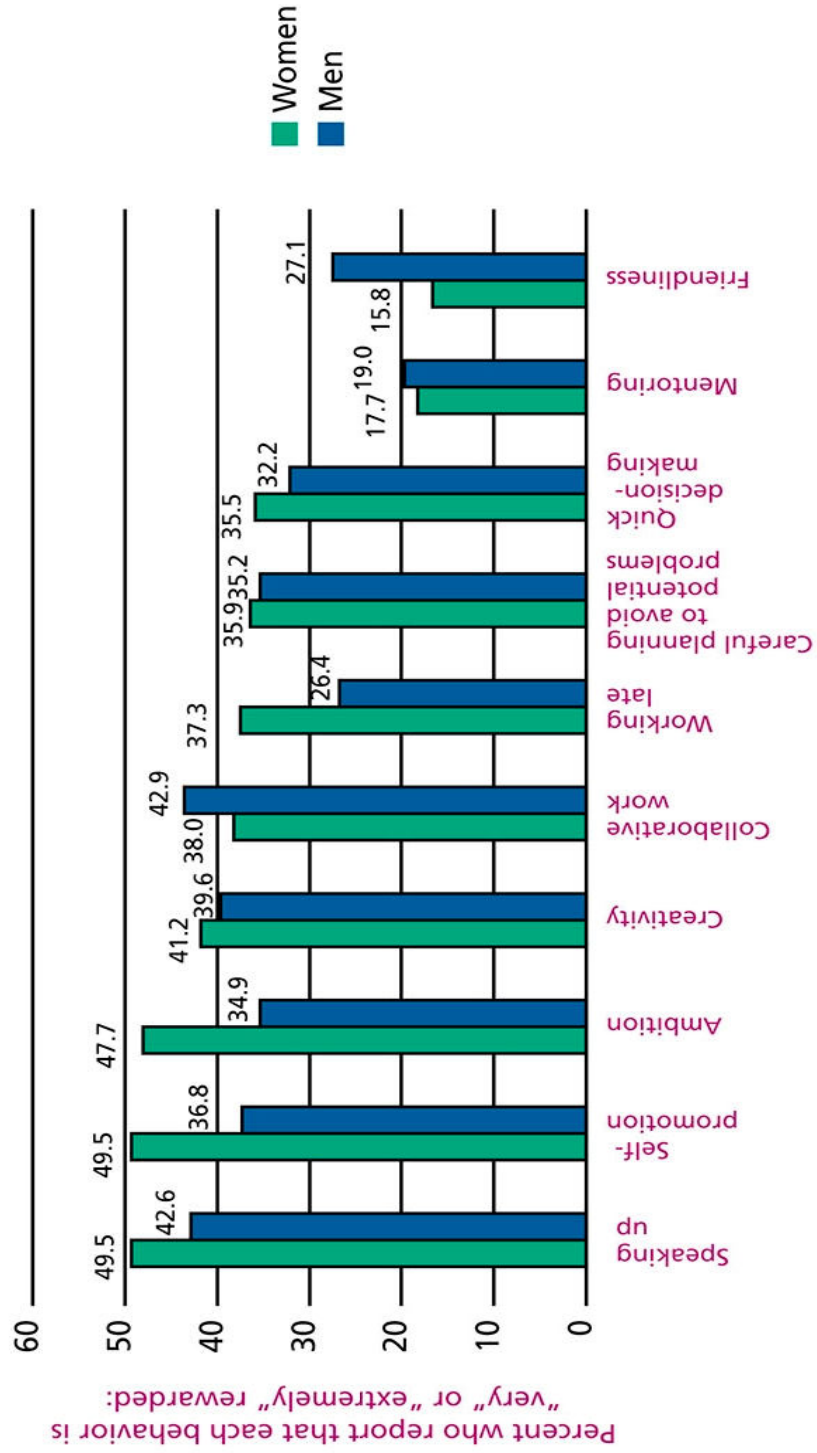
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Chart 4a. Perceptions of Rewarded Behaviors at Current Company among Mid-Level Technical Women and Men



What can we do?

- Look for 10% women execs (woman-friendly culture)
- Combat isolation (mentor, sponsor, coach, role models)
- Have a career goal and let people know
- Build and demonstrate tech skills
- Ask for high-profile & riskier assignments
- Be flexible (schedule, promotions, off- and on-ramps)
- Train supervisors (comm, fairness, career development, tech)
- Re-evaluate tech/risk criteria for promotions, provide support
- Align reward systems (mentoring, career development)
- Altruistic opportunities



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Links to Studies

- Harvard – <http://braindrain.hbr.org> (\$295)
(volume discounts)
- Catalyst – <http://catalyst.org/publication/36/>
(free PDF or \$40 printed)
- Stanford – <http://anitaborg.org/news/research/>
(free report and executive summary PDFs)



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articles & presentations on resources page



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